

Wide Horizon Advanced Training

Occupational Health & Safety Training – Programme Specification

Programme Overview

Wide Horizon Advanced Training delivers Occupational Health & Safety programmes aligned with South African legislative requirements and industry best practice. Selected programmes are SAIOSH-recognised and structured to support compliance, risk reduction, and workplace competence development.

Available Programmes

Programme	NQF Level	Unit Standard	Credits	Duration
HIRA	2	259622	5	2 Days
First Aid Level 1	1	119567	5	2 Days
Fire Fighting	2	12484	4	1–2 Days
Working at Heights	2	229998	3	1 Day
Confined Spaces	2	244589	3	1 Day
Incident Investigation	3	120330	5	2 Days
SHE Representative	2	259605	5	2 Days
OHS Act	3	259604	6	1 Day
Hazardous Chemicals	2	Programme Dependent	3–4	1 Day
Ergonomics	2–3	Programme Dependent	Dependent	1 Day
Asbestos Awareness	2	Programme Aligned	3	1 Day
Legal Liability	3–4	Programme Dependent	Dependent	2 Days
Fall Protection Planning	4	Programme Aligned	5–8	2 Days
SHEQ Management	4–5	Programme Dependent	Dependent	10 Days

Important Disclaimer

Unit standard alignment, NQF levels, credits, duration, and CPD recognition may vary depending on programme configuration and accreditation approval. Please contact Wide Horizon Advanced Training for detailed programme specifications.